



Employee Assistance of the Pacific

*Your EAP will help support you online
if you can't come in to see a
counselor or consultant.
Call us today!*

Use Your EAP Benefit for Online Coaching

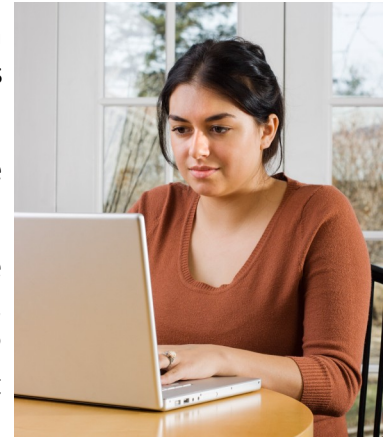


Employee Assistance of the Pacific offers **Online Coaching** to employees and family members. This makes EAP services available from any location through the internet.

Through confidential, encrypted emails, you can connect with a professional **EAP Coach** to discuss personal or professional issues at your own pace.

It's not for everyone — we screen everyone to make sure they are appropriate for this service as some things are better served by our counselors face-to-face.

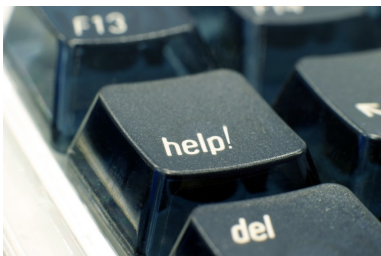
Call the EAP if you're interested, and we'll take your information, email you the forms, and your Coach will respond within two business days via confidential, secure email. You can substitute a number of emails back and forth for your EAP counseling hours. To get started, phone Employee Assistance of the Pacific at **597-8222** or Toll-Free at **877-597-8222**.
www.EAPacific.com



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