

Your EAP Can Help! (Even during these challenging times...)

We understand these are challenging times for many of us across Hawaii. We wanted to remind you we are still here for you. Your employer has provided our confidential, free services because they care about you. Call today to take advantage of your benefit.

Coronavirus-related Mental Health Issues

Review of top Mental Health Concerns

1. Anxiety
2. Trauma
3. Depression
4. Grief
5. Substance Abuse
6. Agoraphobia
7. Pandemic Fatigue



EAP



Financial Decisions



Working From Home Struggles



Drugs & Alcohol



Grief & Loss



Coronavirus Challenges



Dhana Concerns



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