

# The Wheel of Emotions

*"Emotions are much like waves,  
We can't stop them from coming  
But we can choose which one to surf"*  
—Jonathan Martensson

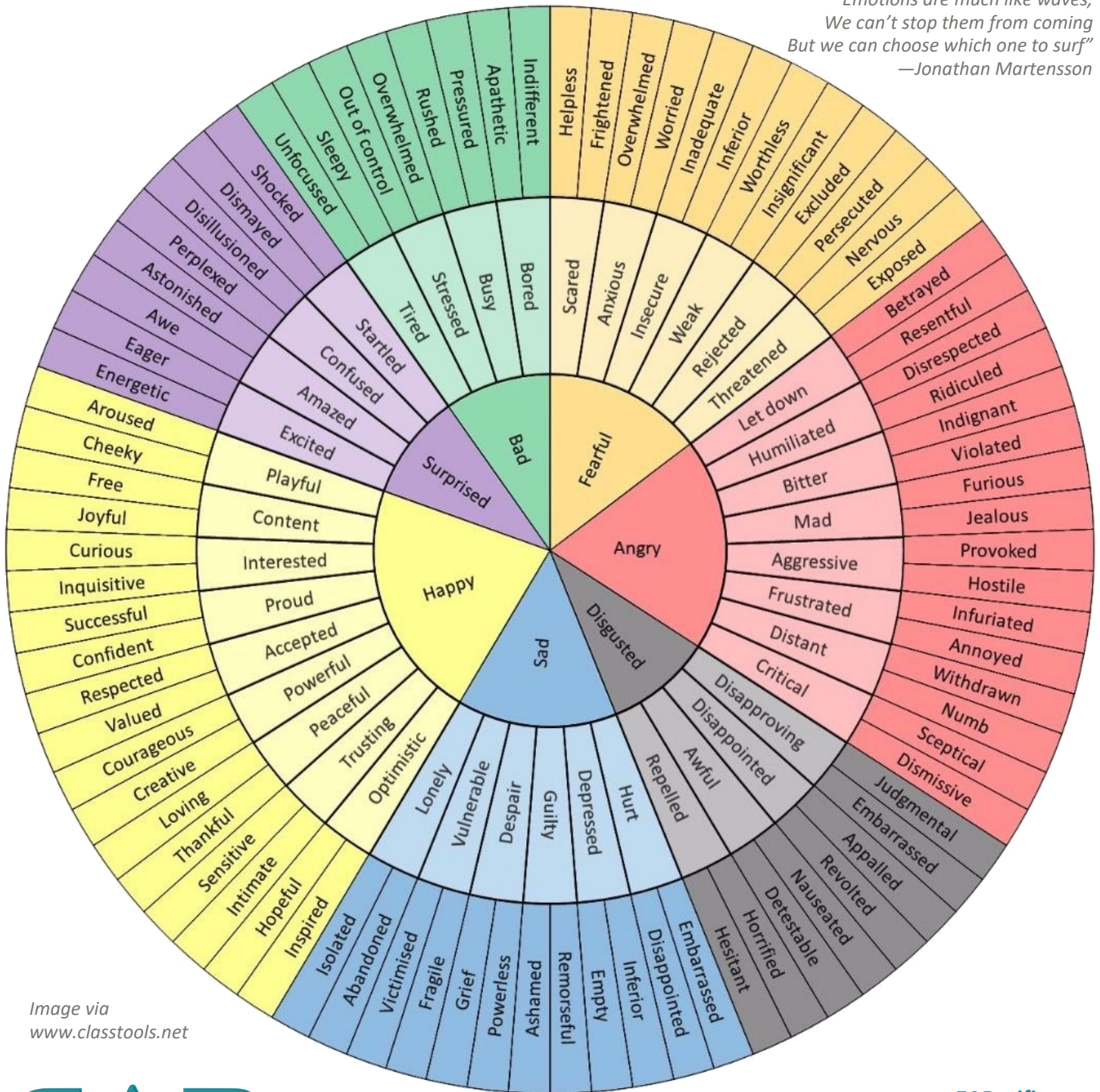


Image via [www.classtools.net](http://www.classtools.net)

