

# Need a Hand?

# We can Help!

Your employer wants to support you with your work and your life!

## **Free, Confidential Counseling and Eldercare Support**

- Problems at work or home
- Depression, Anxiety, Stress
- Parenting
- Substance Abuse
- Grief and Loss
- Personal Goals
- Professional Goals
- Family Issues

## **Free Legal and Financial Consultation**

## **Free Coaching**

**Sign up for free “52 Weeks of Well-Being”**

**[www.EAPacific.com](http://www.EAPacific.com)**

**Call us, we can Help!**

**(808) 597-8222**

**Toll-Free (877) 597-8222**



EMPLOYEE ASSISTANCE OF THE PACIFIC, LLC