



Financial Well-Being

Juggling Your Cash

Trying to meet everyday expenses and saving for things like retirement and big life purchases is difficult if you're living paycheck to paycheck and don't have a solid plan. With your free and confidential financial consultation through EAP, you can take advantage of the available tools and resources to help you better manage your money. That way, you can take control of your finances and grow confident in your financial future!

How a Free Financial Consultation Can Help:

Utilize your financial consultation to learn how to:

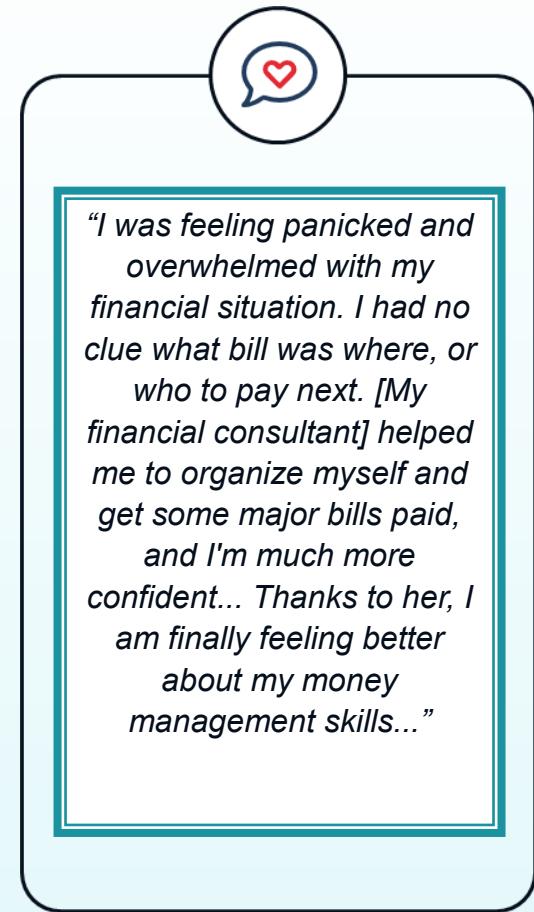
-  Prioritize savings and start an emergency fund
-  Build a budget based on your lifestyle and goals
-  Find a financial method that helps you stay on track
-  Develop positive spending habits
-  Prepare for income fluctuations
-  Manage unexpected expenses

Ready to transform your financial future?

Each covered employee is entitled to one (1) free 30-minute telephonic consultation for financial coaching. Call and we will connect you to an expert who can give you education, guidance, suggestions, and support. You have an opportunity to confidentially talk with an individual who is familiar with complex financial matters and discuss the most appropriate way to handle your financial situation. If you could benefit from a private discussion with an expert with experienced financial insight, or would like a second opinion to feel confident about a particular financial strategy or decision, please consider an EAP financial referral.



We go the extra mile to exceed our members' expectations. We are here to help our members every step of the way — helping you with your work, your life, and your work-life balance! Call us to arrange a free, confidential consultation.



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